



SEARCH & RESCUE NIGHT TIME EXERCISE



What do performers, race car driver, stunt pilots, musicians, gymnasts, jugglers, ballerinas, archers, pole vaulters, long jumpers, high divers, football, baseball, basketball and soccer players have in common with policemen, firemen, paramedics, trauma teams and Neighborhood Emergency Teams?

... practice ... practice ... practice



They practice so many times, they don't *just* know it; they do it without thinking about it!

On Saturday, January 13th, PFB Station #18, with its affiliated NETs (AshCrest, Maplewood, Markham and Multnomah), will conduct an advanced **night time** NET team building & emergency disaster response exercise at the Sears Armory. Tasks and skills to complete station objectives will build upon what we practiced in previous exercises with a goal to accomplish them with emphasis on improved proficiency and team cohesiveness. Let's face it folks! If we are deployed to a *REAL* emergency disaster scenario, Captain Pahissa and a trainer won't be standing outside the building explaining what you will do inside, how to mark, locate, extricate and triage found victims. This exercise is designed to use what we've practiced thus far plus add more tasks and twists to give us individual as well as team practice to build our competence level while staying safe and effectively responding to scenes.

NETs: 40 NET Certified or with approval of their respective neighborhood NET Team Lead (TL) or Assistant Team Lead (ATL). NETs who wish to register as a trainers contact Donna Herron listed below.

DATE\TIME: **Saturday, January 13th:** Check in b 3:45 pm. **Start at 4:00 pm.** Hot wash\Debrief approx. 7:00 pm

LOCATION: **Jerome F. Sears Army Reserve Center,** 2730 SW Multnomah Blvd (2 blocks West of Safeway)

REGISTRATION: **Friday, January 12th** [Signup Genius for NET Exercise on 1-13-18](#) or www.MarkhamNeighborhood.com

For more information, contact your respective Team Lead or Assistant Team Lead:

AshCrest NET:	Chuck Quarterman	chuckquarterman@yahoo.com	(503) 415-9310
Maplewood NET:	Kandy Scott	kmakscott@comcast.net	(503) 475-5308
Markham NET:	Michael Rueter	rueter@michael@gmail.com	
Markham NET:	Donna Herron	markham.President@gmail.com	(503) 452-0000
Multnomah NET:	Suzy Murphy	multvnet@gmail.com	

Practice means to perform, over and over again in the face of all obstacles, some act of vision, of faith, of desire. Practice is a means of inviting the perfection desired. *Martha Graham*